

# Guidance for Healthy Living

Teach upper-grade students how to protect their health through accurate knowledge of the human body, health, safety, and disease prevention. Through the framework of a biblical worldview, *Health* challenges students to be good stewards of the bodies God gave them while also supporting healthy stewardship of the community and the environment. This product aligns with state standards and brings a biblical worldview to some of society's most critical and controversial health topics. The book includes a focus on making ethical decisions for physical, mental, and spiritual health to support a well-rounded lifestyle.

## How We Teach It

### Engaging Instruction

Using videos, links, peer teaching, group learning, direct instruction, and Socratic questioning, *Health* engages and draws in all learners.

### Developing Critical Thinking

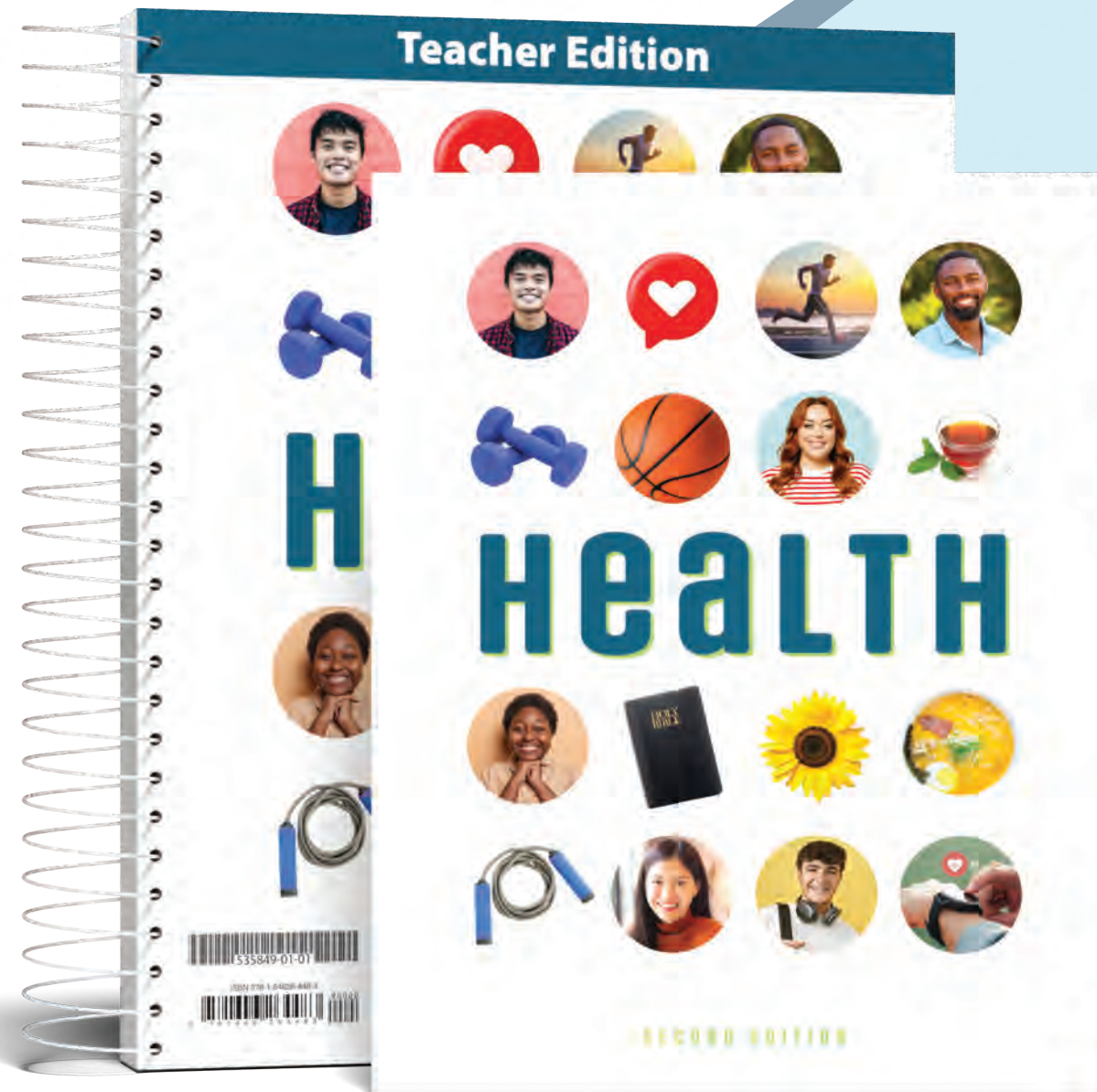
The text, assessments, and exercises encourage and develop critical thinking in students as they tackle challenging ethical issues in health.

### Applying Biblical Principles

Many controversial topics surrounding health are addressed using the biblical worldview framework, teaching students how to use biblical principles to address real-world problems in health.

### Emphasizing Application

Practical guidelines are woven throughout the text to encourage students to apply what they learn to their own lives and health.



## Materials

### Student Edition

The student edition uses engaging visual elements to guide students in their understanding of the material. A variety of feature boxes, including Health and Ethics, Health and Media, Healthy Life Skills, Hands-on Health, and Global Health on Mission highlight practical applications of health topics. Each section starts with a preview of vocabulary terms to help with reading comprehension. The student edition is designed for students to work through independently if desired and is written on a grade 9 reading level.

### Teacher Edition

The teacher edition offers guidance for differentiated instruction and includes student-led discussions, guided questioning activities, peer teaching, formative assessments, and hands-on activities. Many new resources have been added in BJU Press Trove™.

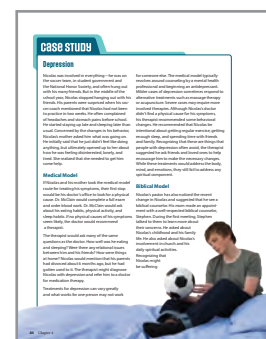
### Assessments

The assessments packet is carefully aligned to educational objectives. It includes 1 test per chapter and a question bank teachers can use to create their own assessments. An answer key is provided.

Health Careers Features



Case Studies



Section Review

